# Communication Styles: Do You Know Your Type?

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## It's YOU...No THEM...No You...

#### Objectives

- Understand the types of personality clashes we most often encounter
- Assess our communication style in order to understand the factors that can contribute to conflict
- Apply this understanding to a work situation

### So Let's Talk...

- What types of Behaviors? Situations? People? put you in a position of conflict?
  - At work?
  - At home?
  - Anywhere?

## **Communication Styles**

- Many of the situations described have an element of communication
  - By voice
  - By typed words
  - By gesture
  - By delivery style
- Understanding more about our communication preferences may help us deal with the each other and prevent conflict

## **Communication Styles**

- Answer the questions from an "at work" perspective
  - No...you there is no "c"
- Transfer your answers to the scoring sheet and total for you "style"

## SUPPORTER/RELATER

- Harmonizer
- Values acceptance and stability in circumstances
- Slow with big decisions; dislikes change
- Builds networks of friends to help do work
- Good listener; timid about voicing contrary opinions; concerned for others' feelings
- Easy-going; likes slow, steady pace
- Friendly & sensitive; no person in unlovable
- Relationship Oriented

### ANALYZER/THINKER

- Assessor
- Values accuracy in details & being right
- Plans thoroughly before deciding to act
- Prefers to work alone
- Introverted; quick to think and slow to speak; closed about personal matters
- Highly organized; even plans spontaneity!
- Cautious, logical, thrifty approach
- Thoughtful; no problem is too big to ponder
- Idea Oriented

#### PROMOTER/SOCIALIZER

- Entertainer
- Values enjoyment and helping others with the same
- Full of ideas and impulsive in trying them
- Wants to work to be fun for everyone
- Talkative and open about self; asks others' opinions; loves to brainstorm
- Flexible; easily bored with routine
- Intuitive, creative, spontaneous, flamboyant approach
- Optimist; nothing is beyond hope
- Celebration Oriented

### CONTROLLER/DIRECTOR

- Commander
- Values getting the job done
- Decisive risk taker
- Good at delegating work to others
- Not shy but private about personal matters; comes on strong in conversation
- Likes to be where the action is
- Take charge, enterprising, competitive, efficient approach
- Fearless; no obstacle is too big to tackle
- Results Oriented



## Your Style

- Now that we have reviewed the styles... does your score reflect YOU?
  - If not...adjust
- Move to sit with people "like you"
- Are we missing any "styles"? Is everyone the same?

#### So Let's Talk...



- Let's go back to our list of Behaviors, Situations, People where we have conflict...
- Can we identify if the person/situation/ fits into one of the four styles we have just learned?

### All about You...No..Them...

- In your style group, look at the "other" styles
  - Identify 1 way you could present information to each style that might make your message easier for them to respond to
  - Identify way you would ask each "other" style to present information to you so that you would find the message easier to understand
  - Write down your ideas and select a reporter

#### All about You...No..Them...

#### Directors

- Be organized, get to the point
- Provide written details they can read later

#### Socializers

- People oriented so allow time to socialize
- Don't argue with their pie in the sky visions get excited with them

#### All about You...No..Them...

#### Thinkers

- Need details so provide data
- Need time to make decisions and to talk about details
- Won't contribute in a group but will crunch numbers/conduct research for the group

#### Relaters

- Value relationships so earn their trust
- Opposite of thinkers engage in a group but don't assign the details
- Will solicit opinions from co-work

#### So...is it YOU...or THEM??

- How did we do with our Objectives?
  - Understand the types of personality clashes we most often encounter
  - Assess our communication style in order to understand one factor contributing to what creates conflict
  - Apply this understanding to a work situation

## THANK YOU!

